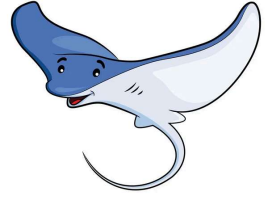


# Winston Manor 2024

## Swim Team



- Swimmers must be 4-years-old by June 1<sup>st</sup>
  - All swimmers will be tested at the first practice on June 10th starting at 10:30 and placed in groups based on ability. Please plan to stay with your swimmer on the first day of practice to receive your swimmers tee shirt and meet the coaches!
  - This year we will have three separate practice groups: Pups (swimmers requiring assistance from coaches in the water, group lessons) Guppies (swimmers that do not require assistance but are looking for a shorter and less intense in water practice time) and Rays (swimmers looking for a full hour swim practice with focus on endurance and stroke technique)
- Season begins Monday, June 10<sup>th</sup> and ends Friday, July 12th with an ice cream social and awards to celebrate the season
- Practices are by group Mon-Thurs, with the whole team together for "Fun Friday" 11:00-12:00
- Rays 10:30-11:30, Guppies 11:00-11:45 (dryland first 15 min), Pups (11:45-12:15)
- Changes in practices due to inclement weather will be communicated by Coach Clare using the Winston Manor email address by 10 am on the morning in question. Please check your emails before heading to the pool on chilly or rainy mornings.
- A calendar will be given to each family at the first practice. All swimmers (including Pups and Guppies) are invited to swim at meets, puddle jumpers or a helper are allowed! Planned meets are:
  - Friday June 14 Candy Meet during practice
  - Wednesday June 17 at Chadds Ford (Warm up at 6:00, Meet Start at 6:30)
  - Friday June 19 at Barrington (Warm up at 6:00, Meet Start at 6:30)
  - Thursday June 27 Walden at Winston Manor (Warm up 5:30, Meet Start at 6:30)
  - Tuesday July 2 Winston Manor at Walden (Warm up at 6:00, Meet Start at 6:30)
  - Monday July 8 Chadds Ford at Winston Manor (Warm up 5:30, Meet Start at 6:30)
  - Thursday July 11 Family Fun Meet at Winston Manor 6:00
  - Friday July 14 Awards Banquet at 10:30 and Family Potluck 5-8 pm
- Questions? Contact us at:
  - WinstonManorSwimTeam@gmail.com
  - Maddie Neff 330-618-4384
- We are a parent organized activity and ask that all parents with participating kids volunteer during the season. We will have sign ups for home meets and fun meets for concessions, ribbon writing, and place tracking. Please consider volunteering!
- Complete a registration form for your family as soon as possible and return to Maddie Neff to ensure that we have enough kids to support our team.



**Mail or drop off completed forms &  
checks to Maddie Neff at  
157 Brandywine Drive by April 15th**